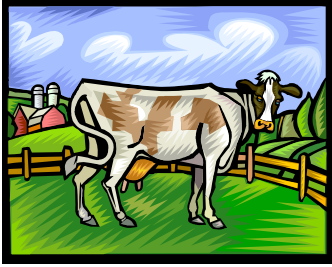
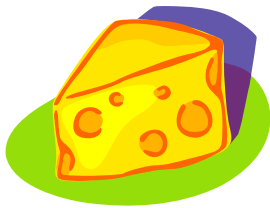


UDDERLY AMAZING DAIRY FACTS



- ◆ On average, a dairy cow will eat about 90 pounds of feed, drink a bathtub full of water, and produce 5 to 6 gallons of milk (that's about 80, 8-ounce glasses of milk!) per day.
- ◆ If people ate like cows, they would have to eat about 90 pounds (the equivalent of 360 cheeseburgers) and drink 400 to 800 glasses of water each day!
- ◆ To get the same amount of calcium provided by a quart of milk, you would have to eat 3 ½ pounds of peas, 27 oranges, 50 tomatoes and 50 slices of whole wheat bread.
- ◆ Cows spend an average of six hours each day eating, and an additional eight hours ruminating or chewing their cud. Most cows chew at least 50 times per minute!
- ◆ An average dairy cow weighs about 1,400 pounds.
- ◆ An average U.S. dairy cow produces 53 lbs of milk per day, or 6.2 gallons.



- ◆ Dairy farmers milk their cows at least twice a day, every day (some milk 3 times a day).
- ◆ It takes 10 pounds of milk to make one pound of cheese
- ◆ Americans eat an average of 29 pounds of cheese every year. Over a lifetime that's more than a ton of cheese.
- ◆ Americans eat the equivalent of 100 acres of pizza every day!
- ◆ People crave cheese more than any other food.
- ◆ When cheese is first made it has little flavor. It takes 3 months to make mild cheese and at least a year to make sharp cheese.
- ◆ All cheese is naturally white. Yellow cheeses are yellow because color has been added to them.



- ◆ It takes 12 pounds of whole milk to make one gallon of ice cream.
- ◆ Vanilla is America's favorite ice cream flavor. Our favorite topping is chocolate syrup.
- ◆ The ice cream cone made its debut at the 1904 World's Fair in St. Louis.
- ◆ June is Dairy Month, July is Ice Cream Month, and October is National Pizza Month.